

CLIFTON E. NAKATANI DDS MSD

1102 Corporate Way, Suite 150

Sacramento, CA 95831

(916) 421-5555

- Your appointment will be approximately _____ hour(s) long. Please dress comfortably.
Note: All implant patients should NOT wear make-up to the appointment.
- Remember that EXCELLENT home care is essential for long term successful treatment. We will instruct you on all post-surgical care at the time of surgery.
- Eat a moderate breakfast or lunch PRIOR to your appointment. This will help maintain optimum nutrition for best healing and to minimize upsetting your stomach due to the medication that will be prescribed. You will be able to eat on the day of the appointment, however, please wait until the anesthetic has worn off. Prepare for a softer diet for the first 1-2 days after surgery. AVOID spicy, hard, crunchy, or crusty foods.
- If at all possible, AVOID taking aspirin products 5 days prior to your appointment as this “thins” the blood and increases bleeding time.
- A local anesthetic will be used so you will be able to drive yourself or use public transportation to and from the appointment.
- AVOID strenuous activities 1-2 days following surgery (i.e. aerobics, jogging, tennis, biking, etc.) so please plan your schedule accordingly.
- Medication will be prescribed to help control any post-surgical discomfort. Please inform us of any allergies or “bad reactions” you may have experienced with any medication so that we can prescribe an alternative.

SPECIAL INSTRUCTIONS:

- Other
- Please Pre-Medicate for your visit.
- Due to the medication prescribed, you WILL need a driver to and from your appointment.

_____ **NOTE: By initialling this statement, I understand that my driver needs to PHYSICALLY stay in our office for the duration of your appointment.**

The type of surgery recommended and any special instructions:

- Extraction
- Osseous Surgery
- Soft Tissue Graft
- Sinus Graft
- Implant Placement
- Ridge Augmentation/Split
- _____
- Guided Tissue Regeneration - **Antibiotics will be prescribed.**
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- Sutures may be placed. You will need to return to our office in approximately 2 weeks for a post-operative observation appointment of the surgical site. In most cases, dissolvable sutures will be placed; however, should non-dissolvable sutures be placed, they will need to be removed approximately 3-4 weeks (or longer) after treatment. More observation appointments may be scheduled, if necessary. **NOTE: All post-operative appointments are included in the surgical fee as long as the treatment provided at the post-operative visit pertains to the surgical site.**
- Subsequent to surgery, your teeth may be sensitive to hot and/or cold temperature changes. The sensitivity should decrease over the next 8-12- weeks. On occasion, sensitivity may linger for a longer period of time.
- You may also notice looseness/mobility in the surgical area. This is a normal occurrence. After sufficient healing, looseness/mobility should return to the same level as prior to treatment.

Signature of Patient

Name of Staff

Date